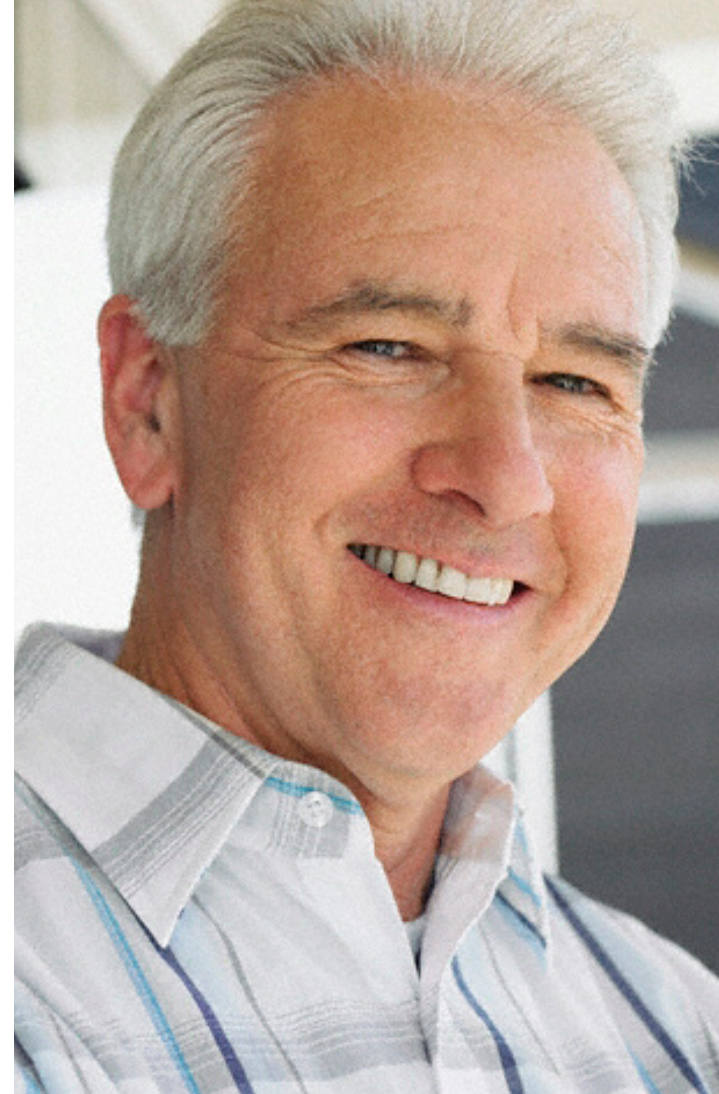


More than just a nice smile,
oral health impacts your
health and medical costs



Questions?

Call us at

1-866-537-0232

to speak with a customer
care representative.

Insured or administered by
CompBenefits Dental, Inc., CompBenefits Company,
CompBenefits Insurance Company, CompBenefits
of Alabama, Inc., CompBenefits of Georgia, Inc.,
American Dental Plan of North Carolina, Inc.,
or DentiCare, Inc. (d/b/a CompBenefits)

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Service you can smile about

Thank you for considering a Humana/CompBenefits DHMO plan. Our dental plan encourages preventive treatment to help you achieve good oral and overall health.

Teeth and gums say a mouthful about the human body

Dental care is an important part of maintaining good overall health. In fact, research shows that periodontal (gum) disease can cause or aggravate other health problems such as heart disease, stroke, and diabetes.

Here are some more reasons oral health is an important part of a healthy lifestyle:

- › Oral cancer, if caught early, can be treated. If it is not, cancer may spread to the rest of the body.
- › Most adults have some form of periodontal disease, the severity increasing with age.¹
- › The lower respiratory tract can draw in bacteria from the mouth and throat, causing infections and worsening lung problems.
- › Keeping your teeth and gums healthy can add 6.4 years to your RealAge life expectancy.²

¹ Oral Health in America: A Report of the Surgeon General, 2000

² Dr. Michael Roizen, RealAge.com

Visit a network dentist and save

Seeing your participating DHMO provider is an affordable way to receive the following preventive services:

- › Routine cleanings
- › X-rays
- › Topical fluoride
- › Oral exams
- › Local anesthesia

In addition, many other dental procedures are covered with substantial savings to you. It's simple to compare and determine your savings by reviewing your DHMO plan details at CompBenefitsDirect.com

The screenshot shows the 'My Dental IQ' website interface. At the top, it says 'powered by HUMANA DENTAL'. The main heading is 'My Dental IQ'. Below this, there are two main sections: 'Get your personalized report today!' on the left, which features an image of a green apple, and 'Let's get started' on the right, which is a registration form. The form includes fields for 'First name', 'Age', 'Gender', and 'Does this person have Humana dental insurance?'. Below the form, there are three columns of text: 'Why it's important', 'How it works', and 'Learn more'. The 'Learn more' section contains links to 'How oral health is linked to your overall health', 'What you can do to maintain your oral health', and 'Child brushing calendar'. At the bottom of the page, there is a footer with the text '© Humana Dental 2007'.

More reasons to choose a Humana/CompBenefits DHMO plan

- › Our DHMO plan is easy to use and understand
- › No claims to file
- › No annual maximum
- › Receive genuine customer care
- › We have more than 30 years of dental benefits experience
- › 93 percent of our members surveyed would recommend us to a friend³

In addition we have a large provider network to select your Primary Care Dentist from. You'll find a dentist you know and trust – one that practices near your home or place of work. For a directory of participating dentists in your area, visit CompBenefitsDirect.com or call 1-866-537-0232.

³ 2007 HumanaDental member survey

What's your dental IQ?

The dental health assessment at MyDentalIQ.com immediately rates your dental health knowledge and delivers a personalized action plan with health tips. Print a copy of the scorecard to discuss with your dentist.